

## Positive Family Foundations at Coffee Tots (FL23542)

FamilyLearning

Family Learning – Spring 2024

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This 8-week course will be on Wednesdays from 12.30-2.30pm starting on January 17th, 2024. It will take place at Coffee Tots, The Wave Waterpark, New Union Street, Coventry CV1 2PS. We will also be able provide a free creche for any pre-school children. Please email [kate.steventon@coventry.gov.uk](mailto:kate.steventon@coventry.gov.uk) if you would like a crèche place.

How to enrol on this course:

If you would like to enrol on the course, click the ENROL button and complete an online enrolment form. If you would like to discuss the course in more detail, please click the ENQUIRE button and complete the required details. If you have not lived in the UK for three years, please contact us to discuss your eligibility. Alternatively, you can just turn up at Coffee Tots on Wednesday 17th January.

What is this course about?

The sessions are focused on how as parents we can support our family to be happy, encouraging and calm. We start off with some theory on parenting and family units, then look at practical examples focused on raising happy, safe, and secure children. Ideas we focus on include rewards, consequences, rules, and expectations. The course is based on nurture and attachment style parenting.

What will I learn?

The sessions will be fun and practical with lots of information, activities, and resources for you to use at home.

How will I learn?

There will be class discussions and interactive activities to support your learning.

How will my learning be assessed?

There is no formal assessment on Family Learning courses. You will improve your knowledge and skills so that you can move on to a Functional Skills course if that suits you.

Entry requirements:

You need to be a parent / grandparent / carer of a child at Primary School in Coventry (aged 3-11). Places are limited and will be allocated on a first-come-first-served basis. When the course is full, no other enrolments can take place. To enable you to fully access the information and activities on this course you will need to be confident in Speaking and Listening at E2.

If you have a pre-school aged child, then our 'Wider Family Learning' course may be more suitable. These are courses that children and their carers attend together, like stay and play sessions. Our 'English and Maths in the primary school' courses explain the ways these subjects are taught in modern British primary schools.

<https://adulthoodeducation.a365hosted.com/PSWebEnrolment/webenrolment.aspx?page=~/webcontrols/searchnewCC>

What materials will I need?

Resources will be provided at the venue. A writing pad and pen is useful. Crèche can be available for pre-school children at Coffee Tots. Please email to reserve a creche place.

If you would like further advice in regard to this course please contact Kate on 024 7697 8730 or [kate.steventon@coventry.gov.uk](mailto:kate.steventon@coventry.gov.uk), or Steve on 024 7697 1301 or [steve.withers@coventry.gov.uk](mailto:steve.withers@coventry.gov.uk)